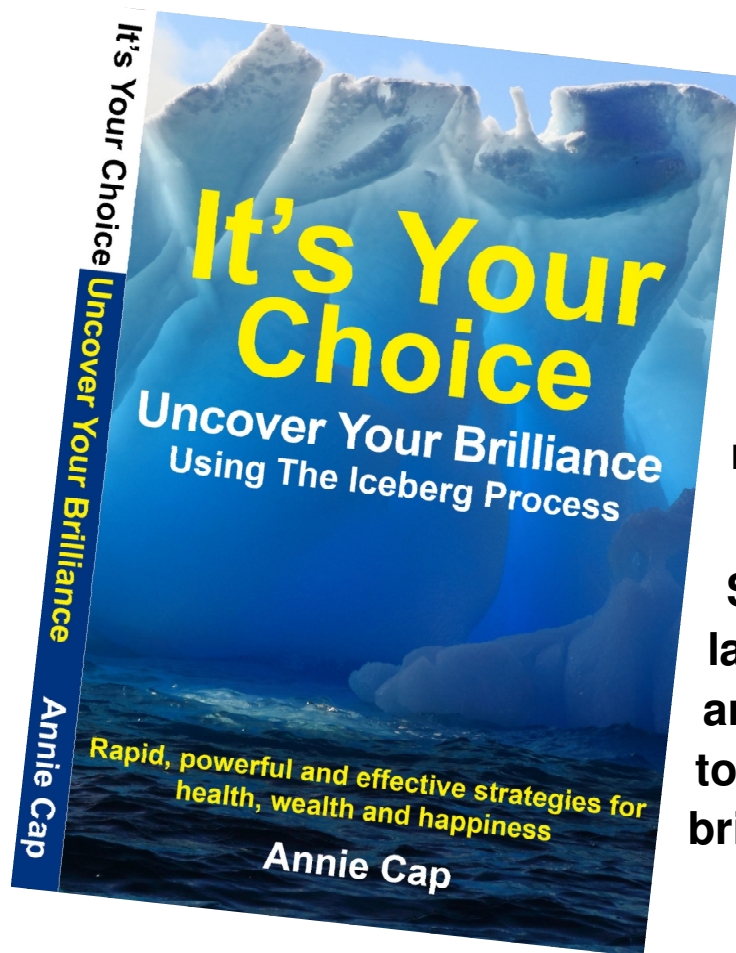


# Waterstone's Author Event

## Thursday 2<sup>nd</sup> December 2010

6.30pm in Chives Café (Top Floor) St Margaret's Street

Come and hear local author and coach Annie Cap's fascinating and informative talk about her strategies of 'Detoxing Your Language' and The Iceberg Process (TIPs) created to dramatically change your life.



Annie states "You are what you say" rather than what you eat...

After thousands of hours of listening to her clients she made a startling discovery...

She says "When you let your language reflect your dreams and not your limitations you too can uncover your brilliance".

**Once in awhile something comes along that can really make a difference – This is it, don't miss it!**

(Your £2 Ticket for the talk is redeemable against the purchase of this book on the night)